

Signs of Sharing



New Brunswick/Nouveau Brunswick

In this issue:

- Message from Executive Director
- Message from President
- Believing in Beth
- Crafts
- Recipes
- Day Trips
- Disability Awareness Week 2020



October 4th—10th, 2020

The Premier's Council on Disabilities is proud to once again be organizing several province-wide events as part of Disability Awareness Week (DAW). In addition, we will be offering ongoing advertising support to provincial and local community groups for any events that they are hosting.

Disability Awareness Week (DAW) continues the tradition of National Access Awareness Week first established in 1988 to promote better community access for people with disabilities. In 1998, a decision was made in New Brunswick to continue celebrating an annual awareness week but with a new name to ensure that all issues related to persons with a disability could be promoted. The main goal of DAW is to raise public awareness of existing barriers that prevent citizens with disabilities from full and equal participation in all aspects of their community and what may be done to correct these problems. We also want to celebrate examples of best practices and advancements made towards full inclusion for citizens with disabilities.

The DAW awareness campaign targets the participation of communities large and small across New Brunswick to create positive changes in the lives of people with disabilities.

Activities for Disability Awareness Week are coordinated at the provincial level by the Premier's Council on Disabilities. Local groups will also organize community projects across the province. Disability Awareness Week covers all types of disabilities and all age groups in partnership with any interested supporters.

DAW is not intended to provide an opportunity for organizations to raise funds for their own activities. The sole focus should be on public awareness about disability issues.

Please join us as we celebrate the 33rd year of this campaign!

Message from Executive Director

Kevin Symes



It is hard to believe that the month of December is upon us and the end of 2020 is very near. I realize that the past year has been a different year with many new and unusual challenges. However, looking forward to 2021, we will probably be living with these restrictions for a while yet. I do look forward to life returning to a little more normal feel by this fall.

This summer we were able to hold several group activities, with social distancing in mind. I hope that the Intervenors and clients enjoyed those events. It was difficult to come up with activities that would be safe for everyone to attend and still be able to keep the precautions of Covid-19 in place. As you all know, we were unable to hold our annual camp experience this year. I have a bit of sad news in regards to our camp and the location where we hold it every year. The owner of the site where we hold our camp has decided to sell. So, this means that we will no longer be able to use it for our camp.

We have already started looking into a different site to hold our camp event. As with many things currently happening, our next camp event will have a different look and feel to it. I am sure, however, that we will all have a fun and rewarding time, as we have had in the past. I am hopeful that we will be able to hold our CDBA-NB Camp this fall; time will tell.

I would like to take this opportunity to thank all the Intervenors, office staff and Board of Directors for all the work they do in support of CDBA-NB and the clients. With everyone working as a team, it has made the challenges of this past year a little easier. If you or someone you know would be interested in joining the CDBA-NB Board of Directors, please pass your/their name on to me.

This year the Board of Directors were working on updating the policy manual, among many other projects. I look forward to sharing it with all the staff and Intervenors once it has been approved by the Board of Directors, early in the New Year.

I would like to remind everyone to remember to social distance and wear a mask whenever possible. It is only through supporting and caring for each other that we will be able to get through this difficult time. I wish you all well and be safe.

Kevin Symes

Executive Director, CDBA-NB Inc.



Message from the Manager of Intervention Services, Chantel Whitman

Hi Everyone!

While it has been an interesting year, I hope you were able to enjoy your summer the best that you could. It has been great meeting and working with you all over the past few months. I look forward to many more adventures with you all in the near future. I wish you & your family the best of the holiday season – a healthy and happy holiday, and all the very best in 2021!



Message from the Office Manager, Jody Brewer

Hi Everyone, first I would like to say that I hope you all had a great summer and fall despite what the world has been going through this year. I know that we missed out on a few events such as camp and the day trip, where we are all together but we have made the best of it. I do think that everyone enjoyed the two small trips we had to the Moncton Zoo and on the Wolastoq boat tour in Fredericton. I am glad that most of you were able to attend these events. My wish for you all, is that you have a great and safe holiday season and that 2021 brings you all peace and happiness!!

Message from the President– David Brown



Greetings Everyone,

It goes without saying that this year has been a challenging year for our Clients, Intervenors, Staff and our Board of CDBA-NB. Since the 2½ months that we had to cease with most of our Intervention services, we have been operating with a “new normal”. Our hope is that, in the next few months, we can get a handle on the Covid-19 as the vaccine is being rolled out. Until that time, we need to continue with our safe practices as outlined by Public Health. Rest assured that CDBA-NB will continue to work in the best interests of our Clients and Intervenors.

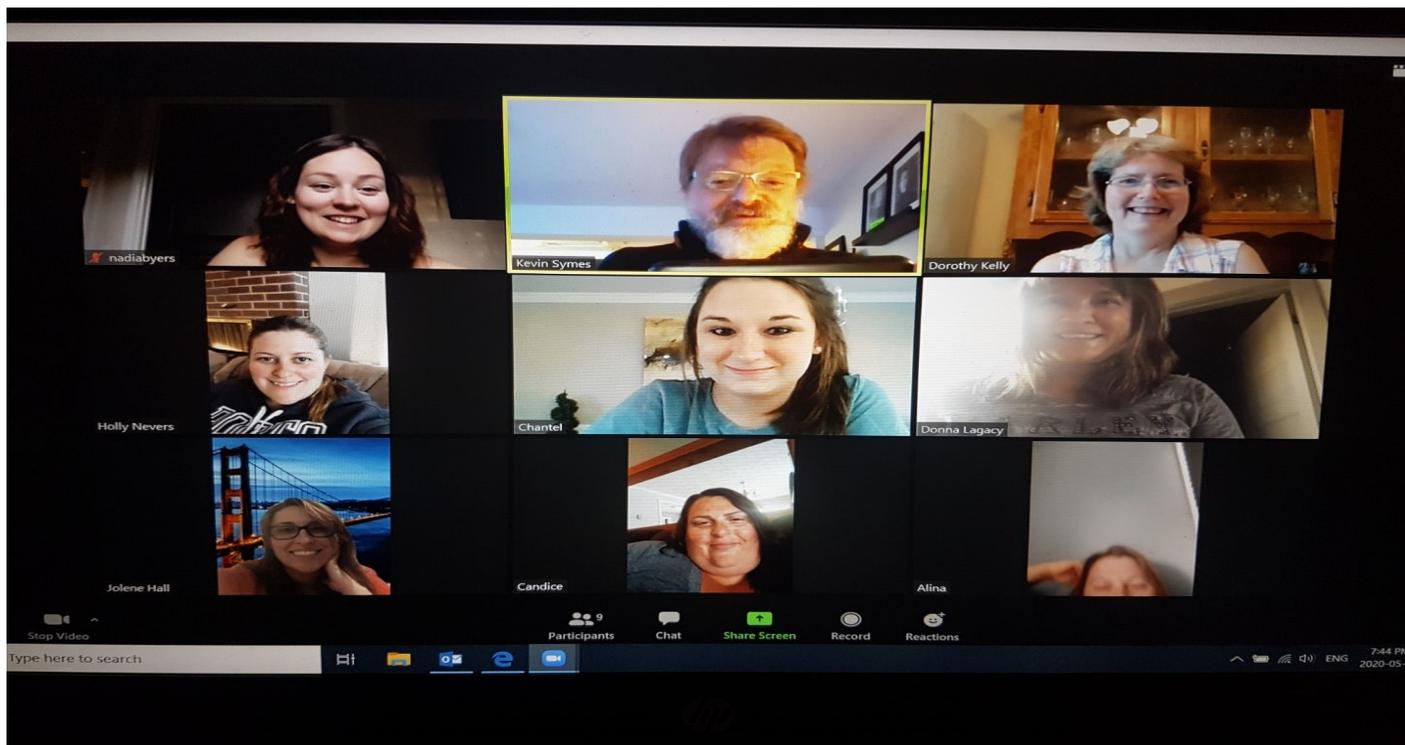
As we prepare for Christmas gatherings, we know that it will be somewhat different than usual. However, if we continue as we have been doing, we will get through this dilemma. I know that our family is struggling to define our safe bubbles as I am sure everyone else is. But we can’t let our guard down now for the sake of ourselves and others.

I wish everyone a Merry Christmas and a Happy New Year and hope we all stay safe and make the best of this unusual situation. Let’s look forward to a brighter 2021.

David Brown

President, CDBA-NB Board of Directors

New Communication...



Zoom call with our Intervenors while they were all off due to Covid-19. We chatted with them to see how things were going in their lives while they were off and isolating.



National AGM Via Zoom

Discrimination against guide dog teams must stop

Imagine walking into a restaurant and being told, "You can't come in," or being stranded at an airport because none of the taxis will take you home, or making a room reservation, only to have it cancelled by the hotel because you're not welcome.

This has been my reality for 30 years. You'd think I'd get used to it, but every time it happens, I'm no less shocked than I was the first time it happened. It's humiliating and degrading. It's my right to be accompanied by a guide dog because my dog is my mobility aid. It's no different than refusing someone with a wheelchair – or because of their religious beliefs, ethnicity or sexual orientation. It's discriminatory and it violates my human rights.

Many people don't realize that it's not only rude, but it's illegal to deny access or refuse service to a person who's working with a guide dog in Canada. Yet, it happens every day. In all provinces and territories, legislation prohibits discriminating against a person with a disability who's working with a service animal. Discrimination includes denial of access to any premises to which the public would normally have access.

So, if it's against the law, why does it keep happening? Like so many other forms of discrimination, it's deeply rooted in ignorance. In many cases, businesses don't realize they're breaking the law by denying access or refusing service to a guide dog team.

Business owners have a responsibility to ensure the rights of guide dog teams are respected – meaning business owners can't deny access or refuse service to guide dog teams – or it could be costly for them. Penalties under human rights legislation in Canada range from \$100 to \$10,000.

But there's more to it. Business owners need to know the laws and educate their employees. They need to understand that there's only one circumstance when it's legal to ask a person accompanied by a guide dog to leave their premises, which is when the guide dog's behavior is inappropriate and out of control, like barking after being told not to or jumping up.

And, although it's not illegal, it's unacceptable to ask for proof that a dog is a guide dog, unless it's behaving inappropriately. It's best practice to assume the dog is a qualified guide dog with an important job to do if it is wearing a harness with a handle.

We live in a fast-moving, ever-progressing world. At a time when communities are focusing on accessibility and inclusion – and smashing the barriers that stand in the way of Canadians with disabilities – now is the time for businesses to step up and do their part.

You can do your part too. If you see discrimination against a guide dog team, speak up and offer your support to the person who is blind or partially sighted. They may not know what's happening around them – and providing visual information such as the taxi number or other visual cues will go a long way towards helping guide dog handlers to self-advocate. Guide dogs belong everywhere. It's the law.

To learn more, visit guidedogchampions.ca. Thank you for your support. Together, we'll create an inclusive Canada.

Diane Bergeron is President of CNIB Guide Dogs

Day Trip to the Moncton Zoo



Our Moncton Intervenor, Dorothy and her son Robbie on her left and her client Craig on her right before we went into the zoo.

Below is our PEI client Patrick and his dog Regal, along with his Intervenor Jerry.



Day Trip to the Moncton Zoo con't



Our Moncton client Bianca and her Intervenor Genevieve at the zoo.



Fredericton client, Cameron and Moncton client Tiffany, enjoying their time at the zoo.



Day Trip on River Boat in Fredericton



Everyone getting ready to head out on the boat tour.



Eddy our Fredericton client and his inter-venor enjoying the boat ride.

Owen our Fredericton client, and his mom on the boat tour.



Day Trip on River Boat in Fredericton Con't...



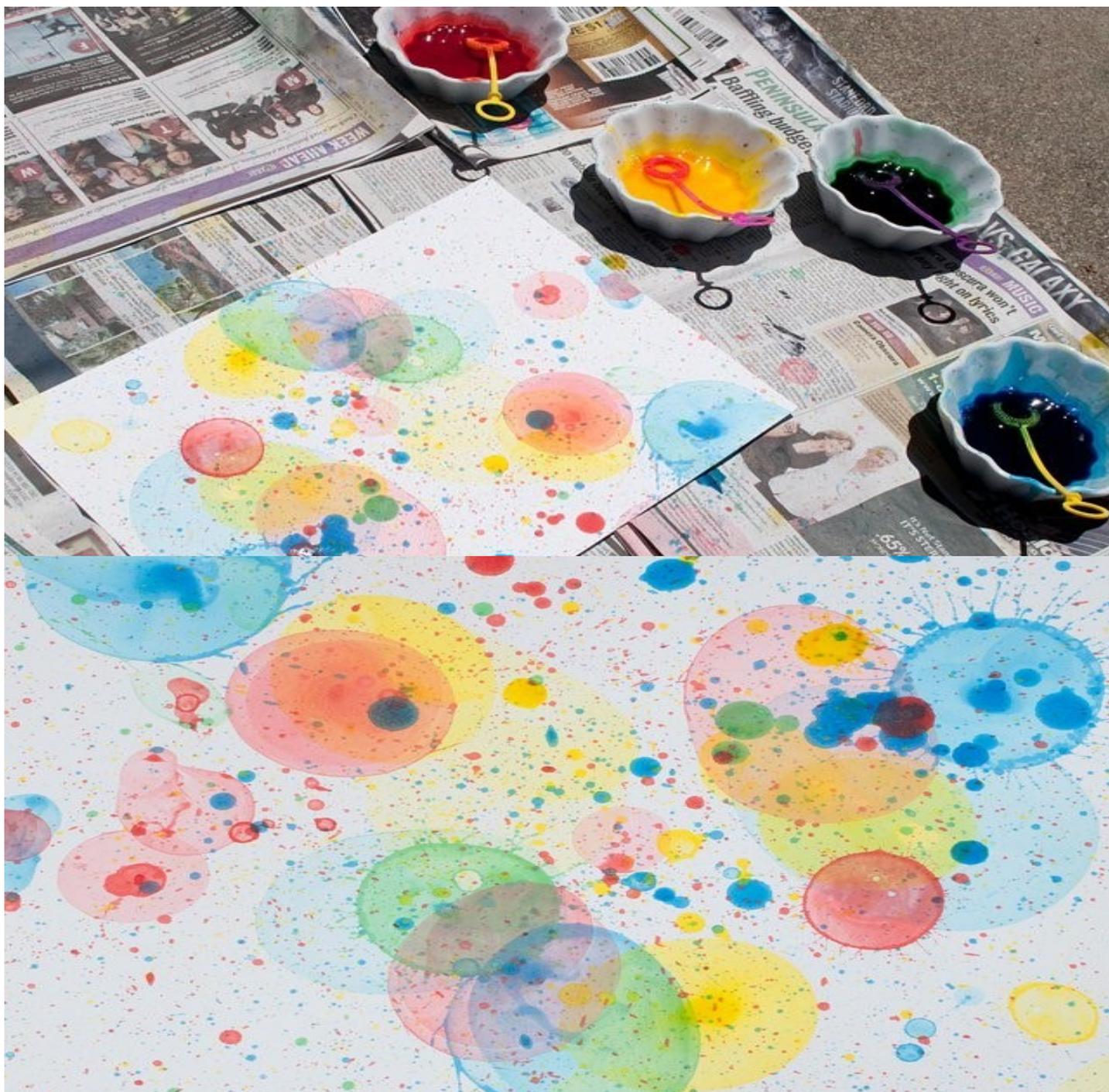
More pictures of our Fredericton clients enjoying the boat ride.



Craft Time

Popped Bubble Art

Simply color bubble mix with food coloring and blow bubbles onto paper - as the bubbles land and pop, they create beautiful works of art. It goes without saying that this project is best done outdoors. A great one for those lazy summer afternoons.



Birthdays



People who have celebrated Birthday's in this edition:

Cathy Jo - Saint John Client

Owen - Fredericton Client

Cameron - Fredericton Client

Sheena - Fredericton Client

Austin - Fredericton Client

Michelle - Fredericton Client

Duncan - Fredericton Client

Kelsi - Fredericton Client

Tiffany - Moncton Client

Vanessa - Moncton Client

Paulette - Moncton Client

Simon - Moncton Client

Matthew - Bathurst Client

Jedd - Bathurst Client

Kevin - Bathurst Client



Something Fun

Virtual Field Trips with Links

1. San Diego Zoo - The [San Diego Zoo](#) has a website just for kids with amazing videos, activities, and games. Enjoy the tour!
2. Yellowstone National Park Virtual Field Trip - [Mud Volcano](#), [Mammoth Hot Springs](#), and so much more. Tour [Yellowstone National Park!](#)
3. MARS!!! [Explore the surface of Mars](#) on the Curiosity Rover. They are updating from WEBVR to WEBXR now, but [360 Mode](#) offers a digital view!
4. Animal Cameras
 - o [Live Cams at the San Diego Zoo](#)
 - o [Monterey Bay Aquarium live cams](#)
 - o [Panda Cam at Zoo Atlanta](#)
 - o [6 Animal Cams at Houston Zoo](#)
 - o [Georgia Aquarium](#) has [Jellyfish](#), [Beluga Whales](#), and [more](#).
5. Virtual Farm Tour - This Canadian site [FarmFood 360](#) offers [11 Virtual Tours](#) of farms from minks, pigs, and cows, to apples and eggs.
6. U.S. Space and Rocket Museum in Huntsville, AL - See the [Saturn 5 Rocket](#) on [YouTube](#) and more on this tour thanks to a real father/son outing.
7. Discovery Education Virtual Field Trips - A few of the field trip topics include [Polar Bears and the Tundra](#), [Social Emotional Skills](#), [STEM](#)
8. The Louvre - Travel to Paris, France to see amazing works of art at [The Louvre](#) with this virtual field trip.
9. The Great Wall of China - This [Virtual Tour](#) of the [Great Wall of China](#) is beautiful and makes history come to life.
10. Boston Children's Museum - Walk through the [Boston Children's Museum](#) thanks to Google Maps! [This](#) virtual tour allows kids to explore 3 floors of fun.
11. Museums you can visit online:
 - o <https://www.mentalfloss.com/article/75809/12-world-class-museums-you-can-visit-online>
 - o Parents be aware of possible artistic nudity in some art museum tours
12. BellaNova Ballet School- free classes via Facebook Streaming
13. Shark Story Hour @ 10AM- Atlantic White Shark Conservatory via Facebook
14. Cincinnati Zoo everyday @ 3PM features an animal and activity via Facebook
15. *Other virtual field trips may be approved in addition to these during teacher check ins*

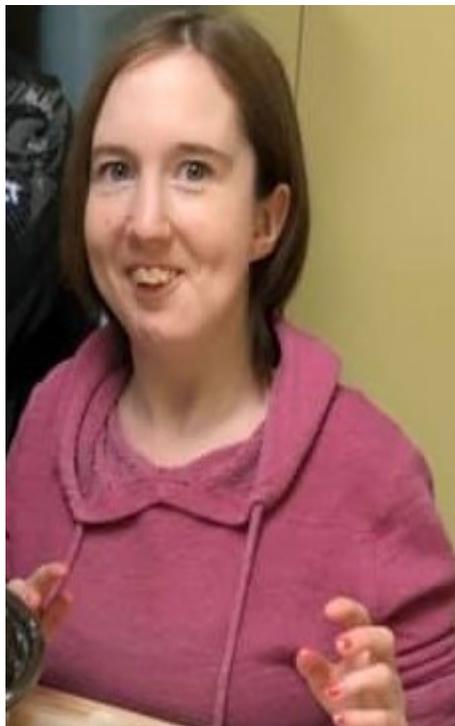
Craft Time Part 2

Christmas Character Candy Pots

Collect mini flower pots for this easy holiday craft. Use basic craft supplies such as googly eyes, pipe cleaners, and felt to bring them to life as Christmas characters like a reindeer, elf, and snowman.



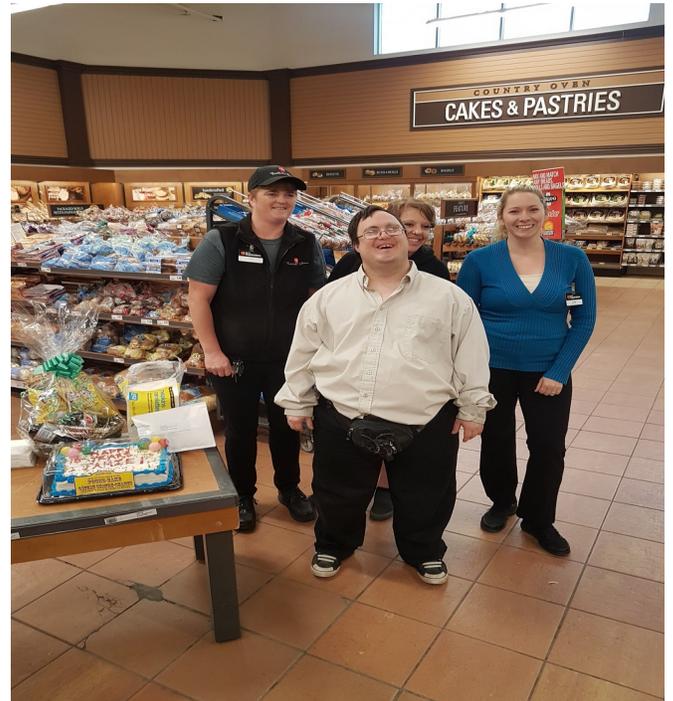
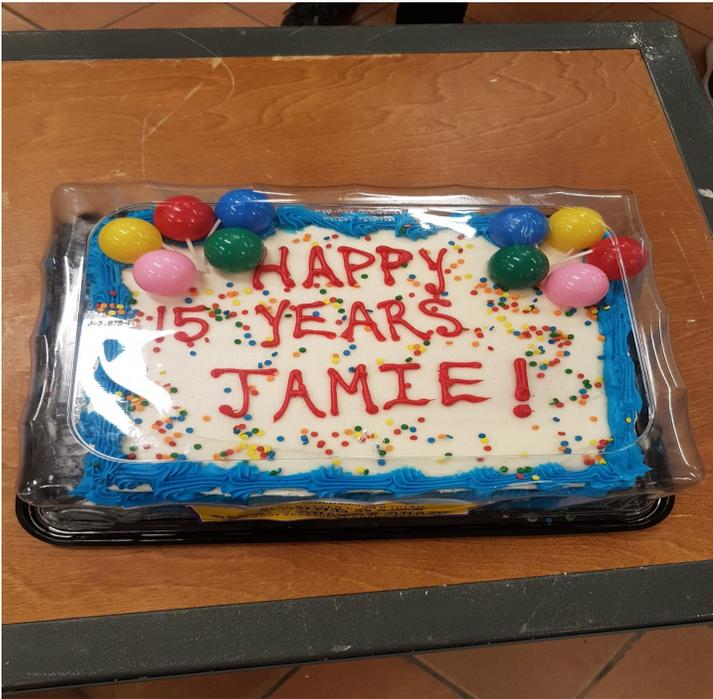
Crafty Clients



Michelle, our Fredericton client doing some painting. Eddy, our Fredericton client making some fall crafts. Also Sheena, our Fredericton client showing the blanket and hat she made for one of Fredericton Interve-nor’s baby boy.



Around the Province



Some of our Fredericton clients enjoying the summer.

Around the Province



Some more fun ...



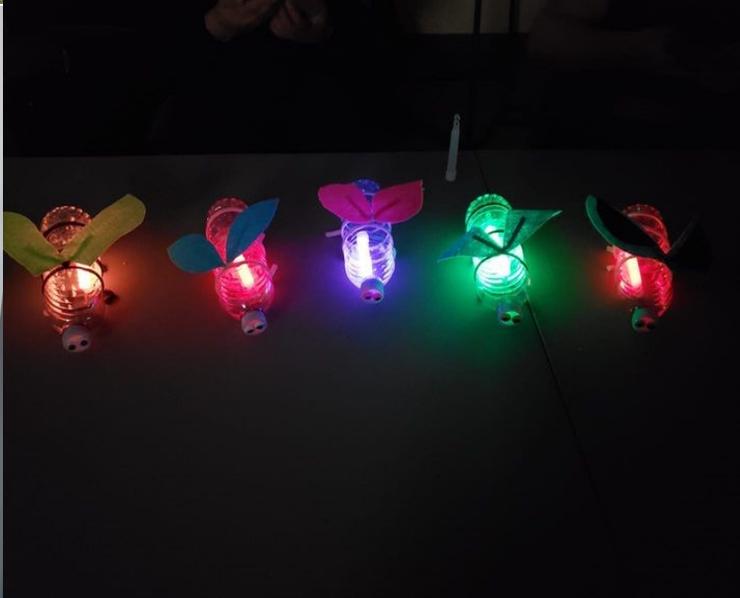
Around the Province Con't...



More pictures of our clients enjoying the outdoors this summer.



Fall Fun



Recipes

Pumpkin-Chocolate Chunk Cookies



Pre: 15 Minutes

42 Servings

Cook : 13 minutes

What do I need:

2 1/2 cups of flour

1 egg

1 1/2 tsp. baking soda

1 cup canned pumpkin

1/4 tsp salt

1 tsp. vanilla

3/4 cup butter, softened

1 cup chopped walnuts

1/2 cup granulated sugar

1 tsp. pumpkin pie spice

4oz (1/2 of 22g pkg.) Bakers's semi sweet chocolate coarsely chopped

How do I make it?

Step 1—Heat the oven to 375°F

Step 2—Mix flour, baking soda and salt. Beat butter, sugars and pumpkin spice in a large bowl with mixer until light and fluffy. Add egg, pumpkin and vanilla; mix well. Gradually beat in the flour mixture until blended. Stir in chocolate and nuts.

Step 3— Drop by heaping tablespoonsfuls, 2 inches apart, onto baking sheets.

Step 4— Bake 12 to 13 minutes or until lightly browned. Cool on baking sheets 1 minute; remove to wire racks. Cool Completely.

Spirit of Giving

A big thanks to Fredericton Hyundai, for sponsoring us to get a new wireless controller for our Snoezelen Room. All our clients that use that room, will be very happy.



CDBA-NB Sponsors

New Brunswick Children's Foundation

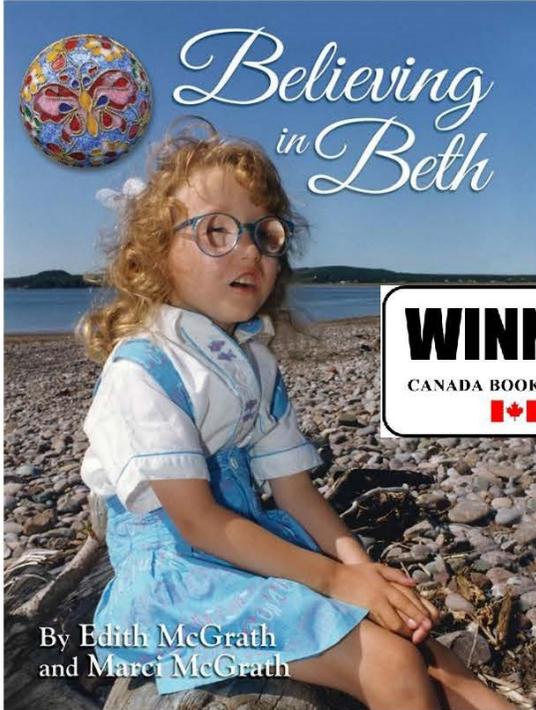
Masonic Charities and Housing of New Brunswick

Fredericton Hyundai



Happy Holidays
From all of
CDBA-NB Inc.





Beth was a consumer with CDBA-NB for many years. "Believing in Beth" is an amazing book written about Beth by her mother and sister.

May 29, 2016 was the book launch at the St. Martin's Community Center. In photo, Lisa Bennett, Beth's former Intervenor; Shari Ross, Office Manager; Edie McGrath, Beth's mom and author; Jody Brewer, Administrative Assistant and Jennifer Jewett, Manager of Intervention Services.



Believing in Beth



Believing in Beth is a true story that shares how the birth of one special little girl, Beth McGrath, turns her family's life upside down. As a result of Congenital Rubella Syndrome (CRS), Beth continually struggles to escape into a world of her own. For the love of her daughter, Beth's mother Edie, is determined to make Beth live in her family's world.



We were so pleased that Beth, Edie and Earl once again joined us for Camp.



If you are interested in purchasing a copy of this book for \$15.95, plus applicable shipping, please contact CDBA-NB Inc. at 452-1544 or office@cdba-nb.ca

A percentage of the proceeds from the sale of this book will be donated to the special care home where Beth resides. A donation will also be made to the New Brunswick Chapter of the Canadian Deafblind Association.





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